

Pain Disability Index

Family/Home Responsibilities

10 - Total Disability

9

8

7 - Severe

6

5

4 - Moderate

3

2 - Mild

1

0 - No Disability

Recreation

10 - Total Disability

9

8

7 - Severe

6

5

4 - Moderate

3

2 - Mild

1

0 - No Disability

Social Activity

10 - Total Disability

9

8

7 - Severe

6

5

4 - Moderate

3

2 - Mild

1

0 - No Disability

Occupation

10 - Total Disability

9

8

7 - Severe

6

5

4 - Moderate

3

2 - Mild

1

0 - No Disability

Sexual Behavior

10 - Total Disability

9

8

7 - Severe

6

5

4 - Moderate

3

2 - Mild

1

0 - No Disability

Self-Care

10 - Total Disability

9

8

7 - Severe

6

5

4 - Moderate

3

2 - Mild

1

0 - No Disability

Life-Support Activity

10 - Total Disability

9

8

7 - Severe

6

5

4 - Moderate

3

2 - Mild

1

0 - No Disability

Score: Sum total of all items.

Copyright: Tait RC, Pollard CA, Margolis RB, Duchro, PN, Krause SJ. *The Pain Disability Index: Psychometric and Validity Data.* Arch Phys Med Rehabil. 1987;68:438-441.

Higher score - higher disability

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