Name:	Date:								
Foot	Foot and Ankle Ability Measure (FAAM) Activities of Daily Living Subscale								
Please Answer <u>every question</u> with <u>one response</u> that most closely describes your condition within the past week. If the activity in question is limited by something other than your foot or ankle mark "Not Applicable" (N/A).									
	No Difficulty	Slight Difficulty	Moderate Difficulty	Extreme Difficulty	Unable to do	.N/A			
Standing	Ū								
Walking on even Ground						0			
Walking on even ground without shoes									
Walking up hills									
Walking down hills									
Going up stairs									
Going down stairs									
Walking on uneven ground									
Stepping up and down curbs	; 0								
Squatting									
Coming up on your toes		o`							
Walking initially									
Walking 5 minutes or less	0								
Walking approximately 10 minutes									
Walking 15 minutes or greater	0			□ ·					

Foot and Ankle Ability Measure (FAAM) Activities of Daily Living Subscale Page 2

Because of your foot and ankle how much difficulty do you have with:

	No Difficulty at all	Slight Difficulty	Moderate Difficulty	Extreme Difficulty	Unable to do	N/A	
Home responsibilities		0					
Activities of daily living	_ ·						
Personal care							
Light to moderate work (standing, walking)			.		0		
Heavy work (push/pulling, climbing, carrying)	· 				. ,		
Recreational activities		, [—]	0				
How would you rate your current level of function during you usual activities of daily living from 0 to 100 with 100 being your level of function prior to your foot or ankle problem and 0 being the inability to perform any of your usual daily activities. . 0 %							

Martin, R; Irrgang, J; Burdett, R; Conti, S; VanSwearingen, J: Evidence of Validity for the Foot and Ankle Ability Measure. Foot and Ankle International. Vol.26, No.11: 968-983, 2005.

Foot and Ankle Ability Measure (FAAM) Sports Subscale

Because of your foot and ankle how much difficulty do you have with:

	No Difficulty at all	Slight Difficulty	Moderate Difficulty	Extreme Difficulty	Unable to do	N/A	
Running							
Jumping							
Landing							
Starting and stopping quickly							
Cutting/lateral Movements			<u> </u>	. 🛚			
Low Impact Activities							
Ability to perform Activity with your Normal technique					0		
Ability to participate In your desired sport As long as you like		0				0	
How would you rate your current level of function during your sports related activities from 0 to 100 with 100 being your level of function prior to your foot or ankle problem and 0 being the inability to perform any of your usual daily activities?							
0%							
Overall, how would you rate your current level of function?							
☐ Normal ☐ Nearly Normal ☐ Abnormal ☐ Severely Abnormal							

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